

# 40 Tips to Go Green

## Earth Day 2010

1. Make sure your tires are inflated properly.
2. Switch your light bulbs to CFL (compact fluorescent light) bulbs.
3. Fertilize your lawn with non-phosphorus fertilizer.
4. Drink water from reusable containers.
5. Combine errands.
6. Buy locally grown food.
7. Instead of letting the water run while brushing your teeth, turn it off.
8. Recycle everything you possibly can.
9. Use rechargeable batteries.
10. Turn up your thermostat in summer and down in winter or program it to be most efficient.
11. Turn off the lights when you leave a room vacant.
12. Unplug electronics when they aren't in use.
13. As you make new appliance purchases, look for Energy Star appliances.
14. Buy items with the least amount of packaging.
15. Choose a local area (park, school grounds, etc) and pick up trash.
16. Donate to and shop at thrift stores such as Goodwill. You'll be re-purposing usable items while helping the local economy.
17. When possible walk, ride a bike or car pool.
18. Turn off your car engine after it idles for one minute (drive thru lines, waiting for trains).
19. Collect rainwater to use on gardens and indoor plants.
20. Water your lawn less frequently.
21. Properly dispose of potentially toxic household products such as paint.
22. Plant trees.
23. Make sure computers are set at the most efficient settings.
24. Use reusable shopping bags. If you forget them, opt for paper bags or if it is a small purchase decline bags altogether.
25. Use reusable cutlery.
26. Use cloth napkins instead of paper ones.
27. Don't print e-mails
28. Print on two sides of paper.
29. If given a choice by your utility company, choose renewable energy.
30. Use low flow shower heads and/or limit showers to 5 minutes.
31. Wear clothes that don't need to be dry cleaned.
32. Use non-toxic cleaning products or make your own.
33. Launder clothes in cold water rather than warm or hot.
34. Stop unsolicited mail from being delivered to your home.
35. Fix leaky faucets and toilets.
36. Line dry laundry.
37. Read Barbara Kingsolver's book *Animal, Vegetable, Miracle* or the *Omnivore's Dilemma* by Michael Pollan.
38. Properly dispose of unused medicines.
39. Turn off computers at night when you go to bed.
40. Make rags out of old tee shirts and towels and forego buying paper towels.

